

CLEANING:

Before cleaning, ensure that the power adaptor has been removed from the wall socket.
Use a dry cloth to clean the surface.
Do not use any detergent.
Store in a cool dry place.
Do not leave in direct sunlight or in damp conditions.

DISPOSAL:

Dispose of all packaging, paper, cartons, plastic and plastic bags in accordance with your local recycling regulations.

At the end of the product's lifespan please dispose of it at an authorised household WEEE waste recycling centre

⚠ WARNING

This product is intended for domestic use only. Ensure you have read all instructions before use.

TECHNICAL SPECIFICATION

Input: 24V DC / 1A Power: 20W 50-60Hz

Speed: 5 levels

Measurements: 46x49x13cm Cable Length: 147cm

Battery type for remote control: 2x AAA (Not Included)

EasyLife Ltd, London, NW1 0JP

Support Line: 0333 030 0777

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www.easylife.co.uk

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Deluxe Leg Exerciser

INSTRUCTION MANUAL



3545

Model No.: KMS005M

Please read carefully before use and keep for future reference

Support Line: 0333 030 0777
www.easylife.co.uk

Dear Customer

Thank you for purchasing the Deluxe Leg Exerciser. Have you heard of 'passive exercise'? Used in hospitals for decades, it's a therapy that you can now enjoy in your own home, at your own pace. The secret is an ingenious therapeutic device called the Deluxe Leg Exerciser. A simple way to keep active and maintain joint mobility, it's ideal for anyone who finds walking painful, over-tiring or distressing. You just sit in your armchair with your feet on the motorised footplates. These glide back and forth, stimulating the muscles in your calves, ankles and feet. In addition, this 'effortless exercise' improves circulation and helps relieve aches and discomfort from sore legs and feet. There's even a remote-control enabling you to stop/start or vary the speed of your exercise. Pacemaker-friendly, the Deluxe Leg Exerciser is the easy way to get back on your feet - fast.

PARTS:

- 1x Leg Exerciser
- 1x Remote Control
- 1x Power Adaptor
- 1x User Manual



LEG EXERCISER TOUCH SCREEN:

Button 1: On/Off switch

Button 2: Press **+** button to increase speed and 5 levels

Button 3: press **-** button to decrease speed and 5 levels



When the leg exerciser has been powered on, the LED screen will light up.

Each speed level will have the corresponding LED light turn on when the level has been selected.

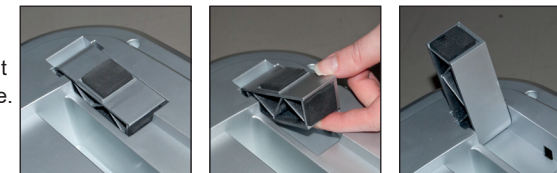
LEG EXERCISER REMOTE CONTROL:

- Button A+ : Increase Speed
- Button B- : Decrease Speed
- Button : On/Off switch



SET UP:

Place on a flat surface. To angle the unit upward, pull the legs from the underside. Ensure it is stable before use.



HOW TO USE:

Ensure you are seated in a comfortable position on a stable chair.

Connect one end of the power cable into the jack located at the top edge of the leg exerciser and plug the adaptor to an UK standard 230V wall socket.



Touch screen operation

Place your feet onto the footplates, then press on/off switch on Leg Exerciser or Remote Control.

Leg Exerciser will begin moving on slowest speed. There are 5 speed options.

- Increase the speed by pressing **+** and select the speed you require.
- Decrease the speed by pressing **-** and select the speed you require.

Use leg exerciser once a day for a maximum of 20 minutes per session.

Remote control operation

Before first use, remove the battery cover and insert 2x AAA batteries (not included). Ensure that you observe the correct polarity.

Button A+: Increase Speed

Button B-: Decrease Speed

Button : On/Off switch

Warning:

NEVER STAND ON THE DEVICE – DOING THIS COULD CAUSE INJURY

Never expose the device to water or liquids and only use in a clean, dry area.

Keep fingers and toes away from moving parts at all times.

If you have any issues whilst using Leg Exerciser stop immediately. If you experience pain or discomfort whilst using the device, please consult a doctor.

THIS IS NOT A TOY – KEEP AWAY FROM CHILDREN

TROUBLESHOOTING:

Problem	Cause	Solution
Does not turn on	The Power Adaptor is not connected correctly	Check Power Adaptor is properly connected to the machine and the wall
A faint sound can be heard	The motor is running	The drive is working to make the mechanisms rotate
	If sound is low, there is no issue	If the sound is extremely loud or has changed discontinue use and contact our Customer Services Team

HEALTH WARNINGS:

This product is not for medical use. It is for use in the home.

Do not use for more than 20 minutes in one sitting.

If you feel unwell or have any physical discomfort during use, stop use immediately.

Check with a doctor before using if you have a medical condition.

if you are pregnant, check with a doctor before using.

SAFETY INSTRUCTION:

When using electrical appliances, basic safety precautions should always be followed:

- Read all instructions before use
- To protect against electric shock, do not immerse cord, plug or appliance, in water or any other liquid
- Unplug from outlet when not in use and before cleaning
- Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner. We recommend that the power cord is not kinked or stored in a twisted manner, and that you regularly check its condition

- Do not pull or use the cord to move the machine
- The use of any accessory attachments not recommended by the seller may cause injuries and invalidate any warrant you may have
- Do not attempt to repair/replace parts yourself. Repairs should only be actioned by a trained professional
- Do not use outdoors
- Do not let cord hang over the edge of a table or counter, or touch hot surfaces
- Do not place on or near heat sources
- Do not store in damp or hot conditions
- Do not use this appliance for any other use than the intended use it is designed for
- Before use, check thoroughly for any defects and do not use if defects are found. Take care not to drop the appliance as heavy impact may cause internal damage
- If the machine becomes excessively hot or there is an unusual smell, discontinue use and remove the plug from the wall socket
- The machine is not designed for use by persons (inc.) children with reduced physical, sensory or mental capabilities without supervision by someone responsible for their safety. Do not leave operating unattended
- Do not insert any foreign objects into the machine
- Do not stand while using the machine. Ensure you are sitting in a stable chair